



# Cairns Stingrays Swimming Club Inc.

Family Swim Meet - Sunday 23<sup>rd</sup> October 2011

Woree Swimming Pool, Pool Close, Woree

\*\* with designated rule tolerance events included



Gates Open: 7.30 am

Racing: 8.30 am

Gate Entry: \$2.00 Non Competitors

Male	Female	Dist	Age	Stroke
1	2	200	Open	IM
3	4	50m	Open	Free
5	6	100m	Open	Fly
7**	8**	25m	8&U	Free
9	10	200m	Open	Back
11	12	100m	Open	Breast
13**	14**	25m	8&U	Fly
15	16	50m	Open	Back
17	18	200m	Open	Free
Lunch break – Athlete Draw				
19	20	400m	Open	Free
21**	22**	25m	8&U	Back
23	24	200m	Open	Breast
25	26	50m	Open	Fly
27	28	100m	Open	Back
29**	30**	25m	8&U	Breast
31	32	200m	Open	Fly
33	34	50m	Open	Breast
35**	36**	100m	8&U	IM
37	38	100m	Open	Free

## When Nominating please take note of the following

### 8 Yrs & Under 25m Events\*\* - Rule Tolerances Apply

- Times recorded cannot be used for any SQ meet, JX Program or Regional Championship meets.
- Participation ribbon Only
- **Individual Meet Entry: FREE\*\***

### Open Events 8 Yrs to 15yrs & Over - FINA Rules Apply

- Open events are open to age groups 8yrs to 15 yrs & Over
- Individual place medals will be presented
- **Individual Meet Entry: \$4.50 per Event**

*Enter Open Events and go in the athlete's random draw*

**YOU MUST BE PRESENT TO WIN**

### B Qualifying Swim Meet;

**Referees for the day;**

**John King; Matt Bromley; Nick Hill-Murray; Alex Witten**

## Please Read the Conditions of Entry

1. Age will be as at: 23/10/2011
2. All competitors must be a registered member of an affiliated club with SA or affiliated club with a FINA registered nation.
3. Rules will be the FINA rules and the By-Laws of SA as interpreted by the Race Referee, competition will be under the direction of the Race Referee at all times. Any protests are to be in writing accompanied by a \$100 fee and lodged with the Race Referee within 30 minutes of the completion of the event.
4. 8yrs & Under must enter either 25m Rule Tolerances Swims or Open swims not both
5. Open Events will be aged. 8years to 15years & Over
6. Multi Class athletes may enter any event and will be catered for on entry. Please advise when entering.
7. AWARDS: 50m & 100m events; place medals will be awarded to age groups, 8yrs to 15yrs & Over. 200m and 400m events; will be swum for times only. No age aggregates will be awarded.
8. Athletes must enter open events to be eligible for random draws
9. NOMINATIONS: Nominations Close on *Monday 17<sup>th</sup> October 2011* and will only be accepted from the Club Race Secretary in TM File and e-mailed to; [sue1gould@hotmail.com](mailto:sue1gould@hotmail.com)

**Nominations Close with your Club on:**

No nominations will be accepted after this date

*Program available off the FNQ Web Site & at door on the day*



Cairns Stingrays Swimming Club Supported by

