



*MCDONALD'S  
FNQRSA  
REGIONAL  
Sprint and Relay Meet*

*11<sup>th</sup> September, 2010*

**FNQRSA Sprint and Relay Day - 11/09/2010****Team List**

	<b>Team</b>	<b>Female</b>	<b>Male</b>	<b>Total Athletes</b>	<b>Entries</b>	<b>Relay</b>	<b>Total</b>
1	ATHER Atherton Swimming Club	6	3	9	46	9	55
2	CENCA Central Cairns, Qld	14	11	25	100	15	115
3	COMB Combined teams	0	0	0	0	16	16
4	EDGE Edge Hill	3	0	3	16	0	16
5	MAREE Mareeba Swimming Club	1	2	3	22	0	22
6	MARLI Marlin Coast	15	9	24	136	18	154
7	SAINT Saints Swimming Club	7	7	14	68	7	75
8	CNSTR Tas Swimming-Cairns	11	16	27	161	16	177
9	UNAT Unattached	0	0	0	0	0	0
		<b>57</b>	<b>48</b>	<b>105</b>	<b>549</b>	<b>81</b>	<b>630</b>

## JOB LIST.

**MANY HANDS MAKE LIGHT WORK! THANK YOU ALL FOR HELPING OUR SWIMMERS MAKE THEIR GOALS.**

JOB	NUMBER OF WORKERS	
<b>Meet Director</b>	1	Kathy Hare (TAS)
<b>Recorders</b> (Operate computers in control room).	SAT MM	Kathy Arenas Leah Tong (MC)
<b>Announcer</b>	1	Saints
<b>Starter</b>		Referees (CCS 2)
<b>Chief Timekeeper</b>	1	CCS
<b>Marshalls</b>	2	TAS MC
<b>Check Starters</b>	1	Atherton
<b>Runners</b>	1	Mareeba
<b>Catering</b>		Marlin Coast.

### TIMEKEEPING

There will be three timekeepers per lane. Please press the button when any part of the swimmer reaches the end of the pool. One timekeeper to record a stopwatch time. Please write this time on the lane timer sheet.

Lane 2			Lane 3			Lane 4			Lane 5			Lane 6			Lane 7		
TAS	CCS	Ath	TAS	Sts	MC	TAS	CCS	MC	TAS	CCS	MC	Sts	CCS	Ath	TAS	EH	Sts

ESTIMATED END TIME FOR MEET IS 4PM.

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Event 1 Mixed 8 & Under 100 LC Meter Freestyle Relay**

Lane Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>		
3 Tas	A	NT
1) Horobin, Lila 6	2) McCarthy, Lucian 6	
3) Siegmann, Hannah 7	4) Harris, Georgina 7	
4 MARLI	A	NT
1) Thorpe, Enna 7	2) Nervo, Jazmine 6	
3) Laitinen, Alyssa 7	4) Kiss, Island 6	
5 COMB	A	NT

**Event 2 Mixed 10 & Under 200 LC Meter Freestyle Relay**

Lane Team	Relay	Seed Time
<b>Heat 1 of 2 Finals</b>		
3 COMB	B	NT
4 MARLI	B	3:20.00
1) Thorpe, Luke 10	2) Laitinen, Alyssa 7	
3) Collier, Madison 7	4) Nervo, Alexa 10	
5 COMB	A	NT
<b>Heat 2 of 2 Finals</b>		
2 MARLI	A	2:42.25
1) Rowe, Jarryd 9	2) Menzies, Conner 9	
3) Stovgaard, Tanya 10	4) Grant, Harriet 9	
3 Tas	B	2:34.00
1) Weeden, Bobby 8	2) Siegmann, Dylan 10	
3) Simpson, Emma 9	4) Houston, Emily 10	
4 ATHER	A	2:29.50
5 Central Cairns	A	2:32.46
6 Tas	A	2:38.00
1) Harris, Wilson 10	2) Goudie, Nicholas 10	
3) Harris, Charlotte 8	4) Synott, Hannah 10	

**Event 3 Mixed 12 & Under 200 LC Meter Freestyle Relay**

Lane Team	Relay	Seed Time
<b>Heat 1 of 2 Finals</b>		
2 Central Cairns	C	NT
3 Central Cairns	B	NT
4 COMB	B	NT
5 ATHER	B	NT
6 MARLI	B	NT
1) Hennlein (V), Steven 12	2) Arenas, Kathryn 12	
3) Tong, Samantha 11	4) Scott, Brody 11	
<b>Heat 2 of 2 Finals</b>		
2 Central Cairns	A	NT
3 SAINT	A	2:28.17
4 MARLI	A	2:12.63
1) Witten, Hannah 12	2) Maxtone-Graham, Zoe 12	
3) Kreuter, Megan 12	4) Keith, Cameron 11	
5 Tas	A	2:17.00
1) Samarakoon, Kieren 12	2) Lang, Nathan 12	
3) Schmidt, Stephanie 11	4) Weeden, Georgia 11	
6 ATHER	A	2:33.93
1) Burnett, Harrison 10	2) McIntosh, Chantelle 11	
3) Lammert, Ryleigh 11	4) Burnett, Oscar 12	
7 COMB	A	NT

**Event 4 Men 200 LC Meter Freestyle Relay**

Lane Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>		
2 Tas	B	2:18.00
1) Davis, Max 11	2) Davis, Ryan 13	
3) Orwell, Benjamin 13	4) Orwell, Eugene 53	
3 SAINT	A	1:58.29
4 Tas	A	1:55.00
1) Davis, Aidan 15	2) Esposito, Daniel 14	
3) Ragel, Mark 14	4) Simpson, Daniel 13	
5 Central Cairns	A	1:58.14
6 MARLI	A	2:06.98
1) Arenas, Nicolas 15	2) Kiss, Chris 14	
3) Kreuter, Lachlan 14	4) Keith, Cameron 11	
7 COMB	A	NT

**Event 5 Women 200 LC Meter Freestyle Relay**

Lane Team	Relay	Seed Time
<b>Heat 1 of 2 Finals</b>		
3 Central Cairns	B	NT
4 ATHER	A	2:25.17
5 COMB	A	NT
<b>Heat 2 of 2 Finals</b>		
2 MARLI	B	2:20.58
1) Kreuter, Megan 12	2) Stovgaard, Tanya 10	
3) Arenas, Kathryn 12	4) Tong, Samantha 11	
3 SAINT	A	2:03.95
4 Central Cairns	A	2:00.17
5 MARLI	A	2:00.61
1) Tong, Jasmine 14	2) Scott, Soraya 13	
3) Maxtone-Graham, Zoe 12	4) Witten, Hannah 12	
6 Tas	A	2:11.00
1) Schmidt, Katie 14	2) McCarthy, Tegan R 13	
3) Schmidt, Stephanie 11	4) Weeden, Georgia 11	

**Event 6 Men 7 & Under 25 LC Meter Butterfly**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>			
4 Anu, Oliver F	7	SAINTE	24.55

**Event 7 Women 7 & Under 25 LC Meter Butterfly**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>			
3 Horobin, Lila	6	Tas	NT
4 Kiss, Island	6	MARLI	41.54
5 Collier, Madison	7	MARLI	NT
<b>Heat 2 of 2 Finals</b>			
3 Nervo, Jazmine	6	MARLI	31.57
4 Laitinen, Alyssa	7	MARLI	25.58
5 Thorpe, Enna	7	MARLI	25.61
6 Harris, Georgina	7	Tas	33.96

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Event 8 Men 8 Year Olds 25 LC Meter Butterfly**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>			
4 Weeden, Bobby	8	Tas	22.58

**Event 9 Women 8 Year Olds 25 LC Meter Butterfly**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>			
3 Crowe, Ebony	8	SAINT	22.20
4 Armstrong, Stephanie	8	ATHER	17.99
5 Doyle, Jessica S	8	Central Cairns	19.28
6 Harris, Charlotte	8	Tas	25.41

**Event 10 Men 100 LC Meter Backstroke**

8 2010FNQ	1:24.55	1/12/2003	Ben Woolf
8 2010FNQ	1:28.99	1/01/2000	Ben Woolf
9 2010FNQ	1:20.09		Ben Woolf
9 2010FNQ	1:24.33	1/01/2000	Ben Woolf
10 2010FNQ L:	1:17.70	11/01/1999	Chris Wright
10 2010FNQ L:	1:20.85	20/02/2000	CHRIS REID
11 2010FNQ L:	1:17.08	14/12/2006	MATTHEW POLLOCK at
11 2010FNQ L:	1:13.88	18/11/2006	REGAN LEONG at TAS
12 2010FNQ L:	1:09.86		Dylan Rackley
12 2010FNQ L:	1:09.10	16/11/2007	REGAN LEONG at TAS
Lane Name	Age	Team	Seed Time

**Heat 1 of 5 Finals**

3 Thorpe, Luke	10	MARLI	NT
4 Samarakoon, Kieren	12	Tas	NT
5 Siegmann, Dylan	10	Tas	NT

**Heat 2 of 5 Finals**

2 Butler, Alex	10	Central Cairns	1:45.90
3 McDonald, Liam	9	Central Cairns	1:40.83
4 Davis, Ryan	13	Tas	1:34.58
5 Morriss, Tom	12	SAINT	1:36.58
6 Kolfen, Lars	12	Mareeba	1:44.45
7 Stemp, Caelan	10	SAINT	1:52.54

**Heat 3 of 5 Finals**

2 Kolfen, David	15	Mareeba	1:34.09
3 Keith, Cameron	11	MARLI	1:29.36
4 Hennlein (V), Steven	12	MARLI	1:27.98
5 Harris, Wilson	10	Tas	1:29.27
6 McDonald, Connor	11	Central Cairns	1:32.65
7 McMenamin, Jack	11	SAINT	1:34.43

**Heat 4 of 5 Finals**

2 Grant(V), Ashley	11	Central Cairns	1:23.13
3 Bromley, Jordan	13	Central Cairns	1:21.37
4 Anu, Hudson	12	SAINT	1:17.46
5 Simpson, Daniel	13	Tas	1:17.73
6 Kiss, Chris	14	MARLI	1:22.02
7 Anderson, Joshua	11	Central Cairns	1:26.57

**Heat 5 of 5 Finals**

2 Esposito, Daniel	14	Tas	1:10.77
3 Arenas, Nicolas	15	MARLI	1:08.83
4 Bell, James	21	SAINT	1:01.24
5 Ragel, Mark	14	Tas	1:03.01
6 Doig, Stuart	16	SAINT	1:10.00
7 Glasson, Jonah	14	Central Cairns	1:14.88

**Event 11 Women 100 LC Meter Backstroke**

8 2010FNQ	1:32.80	1/12/2003	Rebecca Symons
8 2010FNQ	1:34.81	1/01/2000	MARA BARLOW
9 2010FNQ	1:21.11		Rochelle Wilson
9 2010FNQ	1:28.59	1/01/2000	REBECCA SYMONS
10 2010FNQ L:	1:17.14		Gayle Aggiss
10 2010FNQ L:	1:17.71	1/01/2000	JAMIE JAQUES
11 2010FNQ L:	1:11.98		Gayle Aggiss
11 2010FNQ L:	1:12.44	1/01/2000	GAYLE AGGISS
12 2010FNQ L:	1:07.48		Gayle Aggiss
12 2010FNQ L:	1:10.70	21/02/1998	JAMIE JAQUES

Lane Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

3 Joachim, Winona	12	Central Cairns	NT
4 Bromley, Cassidy	11	Central Cairns	1:32.83
5 Hannah, Georgia	10	EDGE	1:46.41

**Heat 2 of 5 Finals**

2 McIntosh, Kathalene	14	ATHER	1:31.54
3 McDonald, Chelsea	13	ATHER	1:30.60
4 Marshall, Amy	12	Central Cairns	1:29.41
5 Saker, Joanna	12	Mareeba	1:29.79
6 Houston, Emily	10	Tas	1:30.89
7 Butler, Fiona	13	Central Cairns	1:32.78

**Heat 3 of 5 Finals**

2 Crowe, Mikaela	11	SAINT	1:28.58
3 Eribo, Rosena	13	SAINT	1:26.88
4 Stovgaard, Tanya	10	MARLI	1:26.25
5 Arenas, Kathryn	12	MARLI	1:26.28
6 Schmidt, Stephanie	11	Tas	1:28.27
7 Swales, Chelsea	14	Central Cairns	1:28.95

**Heat 4 of 5 Finals**

2 Witten, Hannah	12	MARLI	1:21.48
3 Hill-Murray, Sarah	15	SAINT	1:20.32
4 Maxtone-Graham, Zoe	12	MARLI	1:19.94
5 McCarthy, Tegan R	13	Tas	1:20.09
6 Weeden, Georgia	11	Tas	1:20.49
7 Lammert, Ryleigh	11	ATHER	1:26.21

**Heat 5 of 5 Finals**

2 Kreuter, Megan	12	MARLI	1:17.07
3 Scott, Soraya	13	MARLI	1:16.72
4 Gardiner, Hannah	13	SAINT	1:14.26
5 Davidson, Amy	14	SAINT	1:15.98
6 Hill-Murray, Meaghan	15	SAINT	1:16.77
7 Schmidt, Katie	14	Tas	1:18.09

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Event 12 Men 50 LC Meter Butterfly**

8 2010FNQ	36.56	1/12/2003	Ben Woolf
8 2010FNQ	36.56	1/01/2000	Ben Woolf
9 2010FNQ	34.59	10/05/1991	Peter Crunkhorn
9 2010FNQ	35.13	1/01/2000	Ben Woolf
10 2010FNQ L:	33.34		John Valmadre
10 2010FNQ L:	33.34	1/01/2000	JOHN VALMADRE
11 2010FNQ L:	31.28		John Valmadre
11 2010FNQ L:	31.28	1/01/2000	JOHN VALMADRE
12 2010FNQ L:	30.20		William Corbett
12 2010FNQ L:	29.85	26/01/2008	REGAN LEONG at Atherton

Lane	Name	Age	Team	Seed	Time
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**Heat 1 of 6 Finals**

2	Siegmann, Dylan	10	Tas		NT
3	Orwell, Eugene	53	Tas		NT
4	Rowe, Jarryd	9	MARLI	1:10.06	
5	Goudie, Nicholas	10	Tas	1:11.71	
6	Davis, Max	11	Tas		NT

**Heat 2 of 6 Finals**

2	Menzies, Conner	9	MARLI		56.98
3	Thorpe, Luke	10	MARLI		47.82
4	Kolfen, Lars	12	Mareeba		44.92
5	Samarakoon, Kieren	12	Tas		45.29
6	Weeden, Bobby	8	Tas		55.91
7	Jones, Kehl	9	Central Cairns		59.37

**Heat 3 of 6 Finals**

2	Butler, Alex	10	Central Cairns		44.17
3	Anderson, Joshua	11	Central Cairns		41.92
4	Grant(V), Ashley	11	Central Cairns		41.64
5	Doyle, Mitchell T	12	Central Cairns		41.90
6	Hennlein (V), Steven	12	MARLI		43.84
7	Scott, Brody	11	MARLI		44.49

**Heat 4 of 6 Finals**

2	McMenamin, Jack	11	SAINT		40.11
3	Kreuter, Lachlan	14	MARLI		38.96
4	Simpson, Daniel	13	Tas		37.81
5	Kiss, Chris	14	MARLI		37.84
6	Keith, Cameron	11	MARLI		39.59
7	Lang, Nathan	12	Tas		41.46

**Heat 5 of 6 Finals**

2	Orwell, Benjamin	13	Tas		37.12
3	Kolfen, David	15	Mareeba		35.76
4	Arenas, Nicolas	15	MARLI		31.75
5	Davis, Ryan	13	Tas		34.55
6	Dwyer, Patrick	13	Central Cairns		35.77
7	Harris, Wilson	10	Tas		37.74

**Heat 6 of 6 Finals**

2	Esposito, Daniel	14	Tas		30.44
3	Hare, Jack	14	Tas		29.54
4	Bell, James	21	SAINT		27.90
5	Ragel, Mark	14	Tas		27.96
6	Davis, Aidan	15	Tas		30.34
7	Gosley, Jason	15	Central Cairns		31.70

**Event 13 Women 50 LC Meter Butterfly**

8 2010FNQ	38.92	1/12/2003	Alexandra Schoch
8 2010FNQ	38.92	1/01/2000	ALEXANDRA SCHOCH
9 2010FNQ	36.49	29/11/1998	Alexandra Schoch
9 2010FNQ	36.49	29/11/1998	ALEXANDRA SCHOCH
10 2010FNQ L:	33.99		Bebecca Symons
10 2010FNQ L:	32.72	1/01/2000	RAEHEL MORRIS
11 2010FNQ L:	32.72		Jamie Jaques
11 2010FNQ L:	31.67	1/01/2000	RAEHEL MORRIS
12 2010FNQ L:	30.82	16/11/2007	HOLLIE
12 2010FNQ L:	30.82	16/11/2007	HOLLIE

Lane	Name	Age	Team	Seed	Time
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**Heat 1 of 6 Finals**

2	Dudley, Caitlin	13	Central Cairns		NT
3	Nervo, Alexa	10	MARLI		51.58
4	Grant, Harriet	9	MARLI		49.53
5	Tong, Samantha	11	MARLI		49.70
6	Harris, Charlotte	8	Tas		56.90
7	Joachim, Winona	12	Central Cairns		NT

**Heat 2 of 6 Finals**

2	Bromley, Cassidy	11	Central Cairns		45.16
3	Christie, Kidist	12	ATHER		44.61
4	Swales, Chelsea	14	Central Cairns		44.24
5	Jones, Holly	11	Central Cairns		44.56
6	Hannah, Georgia	10	EDGE		44.78
7	Simpson, Emma	9	Tas		48.67

**Heat 3 of 6 Finals**

2	McDonald, Chelsea	13	ATHER		44.13
3	Butler, Fiona	13	Central Cairns		42.49
4	Saker, Joanna	12	Mareeba		42.00
5	McIntosh, Chantelle	11	ATHER		42.34
6	Arenas, Kathryn	12	MARLI		42.60
7	Synott, Hannah	10	Tas		44.17

**Heat 4 of 6 Finals**

2	Schmidt, Stephanie	11	Tas		39.56
3	Lammert, Ryleigh	11	ATHER		38.84
4	McCallum-Saranov,	12	Central Cairns		37.82
5	Stovgaard, Tanya	10	MARLI		38.20
6	Houston, Emily	10	Tas		39.01
7	Sanderson, Holly E	13	EDGE		41.97

**Heat 5 of 6 Finals**

2	Weeden, Georgia	11	Tas		37.55
3	Maxtone-Graham, Zoe	12	MARLI		34.66
4	Schmidt, Katie	14	Tas		34.41
5	Grant(V), Charlotte L	15	Central Cairns		34.48
6	Witten, Hannah	12	MARLI		34.85
7	Starr-Thomas, Darcey	12	Central Cairns		37.74

**Heat 6 of 6 Finals**

2	Scott, Soraya	13	MARLI		34.32
3	McCarthy, Tegan R	13	Tas		33.50
4	Tong, Jasmine	14	MARLI		30.25
5	Hannah, Christina	13	EDGE		33.47
6	Hill-Murray, Sarah	15	SAINT		33.76
7	Jordan, Dana	15	Central Cairns		34.39

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Event 16 Men 7 & Under 25 LC Meter Freestyle Multi-Disabili**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>			
4 Anu, Oliver F	7	SAINT	19.44
5 McCarthy, Lucian	6	Tas	NT

**Event 17 Women 7 & Under 25 LC Meter Freestyle**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>			
3 Horobin, Lila	6	Tas	NT
4 Siegmann, Hannah	7	Tas	NT
5 Collier, Madison	7	MARLI	NT
<b>Heat 2 of 2 Finals</b>			
2 Kiss, Island	6	MARLI	34.03
3 Harris, Georgina	7	Tas	27.05
4 Laitinen, Alyssa	7	MARLI	21.43
5 Thorpe, Enna	7	MARLI	24.36
6 Nervo, Jazmine	6	MARLI	28.86

**Event 18 Men 8 Year Olds 25 LC Meter Freestyle**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>			
4 Weeden, Bobby	8	Tas	19.47

**Event 19 Women 8 Year Olds 25 LC Meter Freestyle**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>			
3 Crowe, Ebony	8	SAINT	19.52
4 Doyle, Jessica S	8	Central Cairns	17.40
5 Armstrong, Stephanie	8	ATHER	17.90
6 Harris, Charlotte	8	Tas	19.99

**Event 20 Men 100 LC Meter Breaststroke**

8 2010FNQ	1:38.41	1/12/2003	Clinton Pascoe
8 2010FNQ	1:41.94	1/01/2000	CLINTON PASCOE
9 2010FNQ	1:38.69		Clinton Pascoe
9 2010FNQ	1:39.44	3/12/2006	Jordan BROMLEY at Mossman
10 2010FNQ L:	1:29.84		Russell Inu
10 2010FNQ L:	1:30.22	1/01/2000	RUSSELL INU
11 2010FNQ L:	1:22.77		Lee Brown
11 2010FNQ L:	1:25.72	1/01/2000	RAKESH PATHAK
12 2010FNQ L:	1:18.50		P McKieman
12 2010FNQ L:	1:19.52	1/01/2000	LEE BROWN
Lane Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals</b>			
3 Goudie, Nicholas	10	Tas	NT
4 Davis, Max	11	Tas	NT
5 Siegmann, Dylan	10	Tas	NT
6 Vanderzant, Ben	9	ATHER	NT
<b>Heat 2 of 6 Finals</b>			
2 Stemp, Caelan	10	SAINT	2:00.32
3 Butler, Alex	10	Central Cairns	1:56.49
4 McDonald, Connor	11	Central Cairns	1:48.43
5 McDonald, Liam	9	Central Cairns	1:51.21
6 Samarakoon, Kieren	12	Tas	1:59.62
7 Burnett, Harrison	10	ATHER	2:15.71

**Heat 3 of 6 Finals**

2 Burnett, Oscar	12	ATHER	1:46.99
3 Morriss, Tom	12	SAINT	1:45.20
4 Davis, Ryan	13	Tas	1:41.81
5 Grant(V), Ashley	11	Central Cairns	1:43.84
6 Kolfen, Lars	12	Mareeba	1:46.37
7 Doyle, Mitchell T	12	Central Cairns	1:48.02

**Heat 4 of 6 Finals**

2 Keith, Cameron	11	MARLI	1:39.21
3 Anderson, Joshua	11	Central Cairns	1:37.08
4 Orwell, Benjamin	13	Tas	1:36.01
5 Hennlein (V), Steven	12	MARLI	1:36.79
6 Scott, Brody	11	MARLI	1:37.49
7 Harris, Wilson	10	Tas	1:40.96

**Heat 5 of 6 Finals**

2 Anu, Hudson	12	SAINT	1:31.47
3 Kolfen, David	15	Mareeba	1:30.35
4 Simpson, Daniel	13	Tas	1:27.87
5 Kreuter, Lachlan	14	MARLI	1:30.25
6 Lang, Nathan	12	Tas	1:31.36
7 Dwyer, Patrick	13	Central Cairns	1:31.78

**Heat 6 of 6 Finals**

2 Arenas, Nicolas	15	MARLI	1:20.51
3 Esposito, Daniel	14	Tas	1:19.06
4 Ragel, Mark	14	Tas	1:10.43
5 Doig, Stuart	16	SAINT	1:15.30
6 Glasson, Jonah	14	Central Cairns	1:19.75
7 Bromley, Jordan	13	Central Cairns	1:26.85

**Event 21 Women 100 LC Meter Breaststroke**

8 2010FNQ	1:46.85	30/11/2002	Amy Allen
8 2010FNQ	1:46.85	30/11/2002	Amy Allen
9 2010FNQ	1:36.38		Tracey Uren
9 2010FNQ	1:40.49	20/11/2009	Savannah Tkatchenko at TAS
10 2010FNQ L:	1:25.07	1/03/2003	Skye Nissen at North Queenslan
10 2010FNQ L:	1:27.02	1/01/2000	JULIE MAJER
11 2010FNQ L:	1:19.29	19/11/2005	Danica Ziviani at FNQ LC 05-06
11 2010FNQ L:	1:19.29	19/11/2005	Danica Ziviani at FNQ LC 05-06
12 2010FNQ L:	1:15.86		Julie Majer
12 2010FNQ L:	1:17.59	27/11/2004	Skye Nissen at Marlin Coast Op

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 5 Finals</b>			
3 Joachim, Winona	12	Central Cairns	NT
4 Simpson, Emma	9	Tas	1:57.39
5 Nervo, Alexa	10	MARLI	2:07.44
<b>Heat 2 of 5 Finals</b>			
2 Jones, Holly	11	Central Cairns	1:46.59
3 Weeden, Georgia	11	Tas	1:45.71
4 Houston, Emily	10	Tas	1:45.21
5 Tong, Samantha	11	MARLI	1:45.22
6 McIntosh, Chantelle	11	ATHER	1:46.48
7 Christie, Kidist	12	ATHER	1:51.97

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Heat 3 Finals (#21 Women 100 LC Meter Breaststroke)**

2	Arenas, Kathryn	12	MARLI	1:43.12
3	Crowe, Mikaela	11	SAINT	1:40.89
4	Stovgaard, Tanya	10	MARLI	1:39.86
5	Schmidt, Stephanie	11	Tas	1:40.69
6	Saker, Joanna	12	Mareeba	1:42.31
7	Bromley, Cassidy	11	Central Cairns	1:44.12

**Heat 4 of 5 Finals**

2	Hill-Murray, Sarah	15	SAINT	1:34.40
3	Gardiner, Hannah	13	SAINT	1:31.15
4	Jordan, Dana	15	Central Cairns	1:29.61
5	Kreuter, Megan	12	MARLI	1:31.03
6	Eribo, Rosena	13	SAINT	1:33.10
7	Cramatte, Grace	14	Central Cairns	1:37.07

**Heat 5 of 5 Finals**

2	Hill-Murray, Meaghan	15	SAINT	1:27.39
3	Scott, Soraya	13	MARLI	1:25.48
4	Davidson, Amy	14	SAINT	1:21.57
5	McCarthy, Tegan R	13	Tas	1:24.72
6	Witten, Hannah	12	MARLI	1:27.27
7	Hannah, Christina	13	EDGE	1:29.50

**Event 22 Men 50 LC Meter Freestyle**

8	2010FNQ	34.41	1/12/2003	Ben Woolf
8	2010FNQ	34.41	1/01/2000	Ben Woolf
9	2010FNQ	31.56		Jeffery Zahmel
9	2010FNQ	31.56	1/01/2000	JEFFREY ZAHMEL
10	2010FNQ L:	30.95		J Zahmel/L Billiau
10	2010FNQ L:	30.67	1/01/2000	SIMON McINNES
11	2010FNQ L:	30.42	25/02/2006	JOHN RIBES at Saints Open
11	2010FNQ L:	28.56	18/11/2006	REGAN LEONG at TAS
12	2010FNQ L:	28.00	31/01/2006	Connor McKiernan at
12	2010FNQ L:	27.19	26/01/2008	REGAN LEONG at Atherton

Lane Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

3	Vanderzant, Ben	9	ATHER	NT
4	Anu, Oliver F	7	SAINT	48.65
5	Siegmann, Dylan	10	Tas	NT

**Heat 2 of 7 Finals**

3	Menzies, Conner	9	MARLI	46.88
4	Jones, Kehl	9	Central Cairns	43.30
5	Burnett, Harrison	10	ATHER	45.78
6	Thorpe, Luke	10	MARLI	48.56

**Heat 3 of 7 Finals**

2	Goudie, Nicholas	10	Tas	42.76
3	Davis, Max	11	Tas	39.12
4	Burnett, Oscar	12	ATHER	36.06
5	Kolfen, Lars	12	Mareeba	38.07
6	Rowe, Jarryd	9	MARLI	41.13
7	Weeden, Bobby	8	Tas	43.14

**Heat 4 of 7 Finals**

2	Hennlein (V), Steven	12	MARLI	35.06
3	Doyle, Mitchell T	12	Central Cairns	34.84
4	Keith, Cameron	11	MARLI	34.69
5	Scott, Brody	11	MARLI	34.74
6	McMenamin, Jack	11	SAINT	35.02
7	Lang, Nathan	12	Tas	35.13

**Heat 5 of 7 Finals**

2	Kreuter, Lachlan	14	MARLI	34.06
3	Kiss, Chris	14	MARLI	31.65
4	Orwell, Benjamin	13	Tas	31.31
5	Dwyer, Patrick	13	Central Cairns	31.33
6	Harris, Wilson	10	Tas	33.42
7	Anderson, Joshua	11	Central Cairns	34.35

**Heat 6 of 7 Finals**

2	Kolfen, David	15	Mareeba	30.58
3	Simpson, Daniel	13	Tas	30.17
4	Esposito, Daniel	14	Tas	27.44
5	Gosley, Jason	15	Central Cairns	28.43
6	Davis, Ryan	13	Tas	30.21
7	Bromley, Jordan	13	Central Cairns	30.93

**Heat 7 of 7 Finals**

2	Arenas, Nicolas	15	MARLI	26.58
3	Hare, Jack	14	Tas	25.95
4	Ragel, Mark	14	Tas	25.61
5	Bell, James	21	SAINT	25.70
6	Doig, Stuart	16	SAINT	26.28
7	Davis, Aidan	15	Tas	27.09

**Event 23 Women 50 LC Meter Freestyle**

8	2010FNQ	34.87	26/10/2002	Amy Allen
8	2010FNQ	35.50	22/01/2000	NARIAH SEXTON
9	2010FNQ	33.10	18/03/2001	Nariah Sexton
9	2010FNQ	33.10	18/03/2001	Nariah Sexton
10	2010FNQ L:	30.59		Rebecca Symons
10	2010FNQ L:	30.83	1/01/2000	ALEXIA INU
11	2010FNQ L:	29.46		Jamie Jaques
11	2010FNQ L:	29.46	1/01/2000	JAMIE JAQUES
12	2010FNQ L:	28.33	14/04/1998	Alexia Inu
12	2010FNQ L:	28.25	1/01/2000	MARA BARLOW

Lane Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

3	Thorpe, Enna	7	MARLI	NT
4	Dudley, Caitlin	13	Central Cairns	NT
5	Laitinen, Alyssa	7	MARLI	NT

**Heat 2 of 7 Finals**

2	Nervo, Alexa	10	MARLI	42.96
3	Tong, Samantha	11	MARLI	40.54
4	Brown, Hana	11	Central Cairns	39.43
5	Hannah, Georgia	10	EDGE	40.14
6	Grant, Harriet	9	MARLI	41.74
7	Harris, Charlotte	8	Tas	43.89

**Heat 3 of 7 Finals**

2	Simpson, Emma	9	Tas	38.86
3	Synott, Hannah	10	Tas	38.59
4	Saker, Joanna	12	Mareeba	36.85
5	McDonald, Chelsea	13	ATHER	37.13
6	Christie, Kidist	12	ATHER	38.85
7	Doyle, Jessica S	8	Central Cairns	39.07



**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Heat 2 Finals (#30 Women 200 LC Meter Medley Relay)**

2	MARLI	B	2:41.06
	1) Arenas, Kathryn 12	2) Kreuter, Megan 12	
	3) Stovgaard, Tanya 10	4) Tong, Samantha 11	
3	Tas	A	2:18.00
	1) Schmidt, Katie 14	2) McCarthy, Tegan R 13	
	3) Weeden, Georgia 11	4) Schmidt, Stephanie 11	
4	MARLI	A	2:15.34
	1) Tong, Jasmine 14	2) Witten, Hannah 12	
	3) Maxtone-Graham, Zoe 12	4) Scott, Soraya 13	
5	SAINT	A	2:16.47
6	Central Cairns	A	2:21.01

**Event 31 Men 7 & Under 25 LC Meter Backstroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

4	Anu, Oliver F	7	SAINT	23.77
5	McCarthy, Lucian	6	Tas	NT

**Event 32 Women 7 & Under 25 LC Meter Backstroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

3	Horobin, Lila	6	Tas	NT
4	Collier, Madison	7	MARLI	NT
5	Siegmann, Hannah	7	Tas	NT

**Heat 2 of 2 Finals**

2	Kiss, Island	6	MARLI	38.84
3	Nervo, Jazmine	6	MARLI	32.05
4	Laitinen, Alyssa	7	MARLI	26.39
5	Thorpe, Enna	7	MARLI	27.45
6	Harris, Georgina	7	Tas	33.45

**Event 33 Men 8 Year Olds 25 LC Meter Backstroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

4	Weeden, Bobby	8	Tas	23.93
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**Event 34 Women 8 Year Olds 25 LC Meter Backstroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

3	Crowe, Ebony	8	SAINT	23.41
4	Doyle, Jessica S	8	Central Cairns	20.53
5	Armstrong, Stephanie	8	ATHER	21.50
6	Harris, Charlotte	8	Tas	23.47

**Event 35 Men 100 LC Meter Butterfly**

8	2010FNQ	1:21.28	1/12/2003	Ben Woolf
8	2010FNQ	1:22.38	1/01/2000	Ben Woolf
9	2010FNQ	1:17.30		Ben Woolf
9	2010FNQ	1:21.29	1/01/2000	D HORTON
10	2010FNQ L:	1:13.57		D Horton
10	2010FNQ L:	1:14.91	1/01/2000	D HORTON
11	2010FNQ L:	1:10.44		John Valmardre
11	2010FNQ L:	1:09.89	1/01/2000	SEAN TURNER
12	2010FNQ L:	1:07.02		John Valmardre
12	2010FNQ L:	1:07.46	1/01/2000	SEAN BUTLER

Lane Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

2	Morriss, Tom	12	SAINT	NT
3	Orwell, Eugene	53	Tas	NT
4	Davis, Ryan	13	Tas	1:44.44
5	Stemp, Caelan	10	SAINT	1:51.03
6	Orwell, Benjamin	13	Tas	NT
7	Siegmann, Dylan	10	Tas	NT

**Heat 2 of 3 Finals**

2	Harris, Wilson	10	Tas	1:36.93
3	Keith, Cameron	11	MARLI	1:28.64
4	Kolfen, David	15	Mareeba	1:16.55
5	Anu, Hudson	12	SAINT	1:25.87
6	Kreuter, Lachlan	14	MARLI	1:30.58
7	McMenamin, Jack	11	SAINT	1:42.66

**Heat 3 of 3 Finals**

2	Hare, Jack	14	Tas	1:13.57
3	Doig, Stuart	16	SAINT	1:07.86
4	Ragel, Mark	14	Tas	1:03.51
5	Esposito, Daniel	14	Tas	1:06.48
6	Gosley, Jason	15	Central Cairns	1:11.50
7	Davis, Aidan	15	Tas	1:16.33

**Event 36 Women 100 LC Meter Butterfly**

8	2010FNQ	1:31.68	1/12/2003	Rebecca Symons
8	2010FNQ	1:42.87	1/01/2000	A MURDOCH
9	2010FNQ	1:20.36		Rebecca Symons
9	2010FNQ	1:24.86	1/01/2000	STANDARD TIME
10	2010FNQ L:	1:13.25		Rebecca Symons
10	2010FNQ L:	1:15.79	1/01/2000	REBECCA SYMONS
11	2010FNQ L:	1:10.32	10/01/2000	Jasmine Moore
11	2010FNQ L:	1:11.31	1/01/2000	LINDA MACKENZIE
12	2010FNQ L:	1:06.47		Julie Majer
12	2010FNQ L:	1:08.75	16/11/2007	HOLLIE

Lane Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

2	Schmidt, Stephanie	11	Tas	1:41.35
3	Houston, Emily	10	Tas	1:37.16
4	Crowe, Mikaela	11	SAINT	1:31.26
5	Weeden, Georgia	11	Tas	1:31.48
6	Lammert, Ryleigh	11	ATHER	1:37.53

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Heat 2 Finals (#36 Women 100 LC Meter Butterfly)**

2	Stovgaard, Tanya	10	MARLI	1:28.90
3	Kreuter, Megan	12	MARLI	1:21.98
4	Davidson, Amy	14	SAINT	1:20.62
5	McCarthy, Tegan R	13	Tas	1:21.88
6	Schmidt, Katie	14	Tas	1:24.27
7	McCallum-Saranov,	12	Central Cairns	1:30.77

**Heat 3 of 3 Finals**

2	Witten, Hannah	12	MARLI	1:17.37
3	Gardiner, Hannah	13	SAINT	1:15.51
4	Hill-Murray, Sarah	15	SAINT	1:14.31
5	Grant(V), Charlotte L	15	Central Cairns	1:14.78
6	Maxtone-Graham, Zoe	12	MARLI	1:16.48
7	Hill-Murray, Meaghan	15	SAINT	1:17.92

**Event 37 Men 50 LC Meter Backstroke**

<b>8</b>	<b>2010FNQ</b>	<b>40.41</b>	<b>1/12/2003</b>	<b>Ben Woolf</b>
<b>8</b>	<b>2010FNQ</b>	<b>40.41</b>	<b>19/02/1989</b>	<b>Ben Woolf</b>
<b>9</b>	<b>2010FNQ</b>	<b>37.52</b>		<b>Ashley Somers</b>
<b>9</b>	<b>2010FNQ</b>	<b>37.52</b>	<b>16/03/1997</b>	<b>Ashley Somers</b>
<b>10</b>	<b>2010FNQ L:</b>	<b>36.28</b>		<b>Like Billiau</b>
<b>10</b>	<b>2010FNQ L:</b>	<b>36.28</b>	<b>23/11/1996</b>	<b>LUKE BILLIAU</b>
<b>11</b>	<b>2010FNQ L:</b>	<b>35.88</b>	<b>19/03/2006</b>	<b>Joshua BAIRSTOW at TAS</b>
<b>11</b>	<b>2010FNQ L:</b>	<b>32.73</b>	<b>18/11/2006</b>	<b>REGAN LEONG at TAS</b>
<b>12</b>	<b>2010FNQ L:</b>	<b>33.17</b>	<b>18/10/2003</b>	<b>ROLAND GALLEN at Cairns</b>
<b>12</b>	<b>2010FNQ L:</b>	<b>31.37</b>	<b>16/11/2007</b>	<b>REGAN LEONG at TAS</b>

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

3	Siegmann, Dylan	10	Tas	NT
4	Burnett, Harrison	10	ATHER	59.08
5	Goudie, Nicholas	10	Tas	1:02.03
6	Vanderzant, Ben	9	ATHER	NT

**Heat 2 of 5 Finals**

2	Jones, Kehl	9	Central Cairns	54.28
3	Menzies, Conner	9	MARLI	50.60
4	Thorpe, Luke	10	MARLI	49.46
5	Rowe, Jarryd	9	MARLI	49.50
6	Weeden, Bobby	8	Tas	53.58
7	Anu, Oliver F	7	SAINT	57.92

**Heat 3 of 5 Finals**

2	Kolfen, Lars	12	Mareeba	47.26
3	McMenamin, Jack	11	SAINT	44.79
4	Lang, Nathan	12	Tas	42.77
5	Burnett, Oscar	12	ATHER	43.58
6	Scott, Brody	11	MARLI	45.25
7	Davis, Max	11	Tas	47.81

**Heat 4 of 5 Finals**

2	Hennlein (V), Steven	12	MARLI	40.83
3	Harris, Wilson	10	Tas	37.95
4	Davis, Ryan	13	Tas	37.10
5	Kiss, Chris	14	MARLI	37.27
6	Kolfen, David	15	Mareeba	40.29
7	Keith, Cameron	11	MARLI	40.85

**Heat 5 of 5 Finals**

2	Simpson, Daniel	13	Tas	34.41
3	Ragel, Mark	14	Tas	29.12
4	Arenas, Nicolas	15	MARLI	28.07
5	Bell, James	21	SAINT	29.04
6	Davis, Aidan	15	Tas	33.58
7	Glasson, Jonah	14	Central Cairns	34.93

**Event 38 Women 50 LC Meter Backstroke**

<b>8</b>	<b>2010FNQ</b>	<b>41.17</b>	<b>19/03/2000</b>	<b>Nariah Sexton</b>
<b>8</b>	<b>2010FNQ</b>	<b>41.18</b>	<b>19/03/2000</b>	<b>NARIAH SEXTON</b>
<b>9</b>	<b>2010FNQ</b>	<b>38.83</b>		<b>Tracy Uren</b>
<b>9</b>	<b>2010FNQ</b>	<b>38.22</b>	<b>1/01/2000</b>	<b>K. DOYLE</b>
<b>10</b>	<b>2010FNQ L:</b>	<b>35.64</b>		<b>Jamie Jaques</b>
<b>10</b>	<b>2010FNQ L:</b>	<b>35.64</b>	<b>1/01/2000</b>	<b>JAMIE JAQUES</b>
<b>11</b>	<b>2010FNQ L:</b>	<b>34.40</b>		<b>Alexia Inu</b>
<b>11</b>	<b>2010FNQ L:</b>	<b>34.40</b>	<b>1/01/2000</b>	<b>ALEXIA INU</b>
<b>12</b>	<b>2010FNQ L:</b>	<b>33.19</b>	<b>15/11/2008</b>	<b>JASMINE TONG at Gardens</b>
<b>12</b>	<b>2010FNQ L:</b>	<b>33.44</b>	<b>15/03/1998</b>	<b>ALEXIA INU</b>

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

3	Thorpe, Enna	7	MARLI	NT
4	Nervo, Alexa	10	MARLI	52.99
5	Dudley, Caitlin	13	Central Cairns	NT

**Heat 2 of 6 Finals**

2	Harris, Charlotte	8	Tas	51.74
3	Tong, Samantha	11	MARLI	48.48
4	Hannah, Georgia	10	EDGE	48.16
5	Jones, Holly	11	Central Cairns	48.18
6	Brown, Hana	11	Central Cairns	50.73

**Heat 3 of 6 Finals**

2	Christie, Kidist	12	ATHER	46.59
3	Synott, Hannah	10	Tas	45.68
4	McDonald, Chelsea	13	ATHER	44.26
5	Sanderson, Holly E	13	EDGE	45.36
6	Grant, Harriet	9	MARLI	46.17
7	Simpson, Emma	9	Tas	47.64

**Heat 4 of 6 Finals**

2	McIntosh, Chantelle	11	ATHER	41.67
3	Houston, Emily	10	Tas	41.45
4	Saker, Joanna	12	Mareeba	40.23
5	Schmidt, Stephanie	11	Tas	40.30
6	McCallum-Saranov,	12	Central Cairns	41.53
7	McIntosh, Kathalene	14	ATHER	42.65

**Heat 5 of 6 Finals**

2	Stovgaard, Tanya	10	MARLI	39.01
3	Lammert, Ryleigh	11	ATHER	38.07
4	Witten, Hannah	12	MARLI	37.34
5	Maxtone-Graham, Zoe	12	MARLI	38.06
6	Weeden, Georgia	11	Tas	38.10
7	Arenas, Kathryn	12	MARLI	39.81

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Heat 6 Finals (#38 Women 50 LC Meter Backstroke)**

2	Hannah, Christina	13	EDGE	36.65
3	Hill-Murray, Meaghan	15	SAINT	35.43
4	Tong, Jasmine	14	MARLI	30.32
5	McCarthy, Tegan R	13	Tas	34.66
6	Scott, Soraya	13	MARLI	35.55
7	Schmidt, Katie	14	Tas	36.71

**Event 41 Men 7 & Under 25 LC Meter Breaststroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

4	McCarthy, Lucian	6	Tas	NT
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**Event 42 Women 7 & Under 25 LC Meter Breaststroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

2	Collier, Madison	7	MARLI	NT
3	Harris, Georgina	7	Tas	34.25
4	Laitinen, Alyssa	7	MARLI	30.93
5	Thorpe, Enna	7	MARLI	32.64
6	Nervo, Jazmine	6	MARLI	45.47
7	Horobin, Lila	6	Tas	NT

**Event 43 Men 8 Year Olds 25 LC Meter Breaststroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

4	Weeden, Bobby	8	Tas	25.69
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**Event 44 Women 8 Year Olds 25 LC Meter Breaststroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

3	Armstrong, Stephanie	8	ATHER	25.25
4	Crowe, Ebony	8	SAINT	24.45
5	Doyle, Jessica S	8	Central Cairns	24.50
6	Harris, Charlotte	8	Tas	27.14

**Event 45 Men 100 LC Meter Freestyle**

8	2010FNQ	1:14.13	1/12/2003	Ben Woolf
8	2010FNQ	1:14.68	1/01/2000	JEFFREY ZAHMEL
9	2010FNQ	1:08.05		Jeffery Zahaml
9	2010FNQ	1:12.14	1/01/2000	JEFFREY ZAHMEL
10	2010FNQ L:	1:05.63		Jeffery Zahmel
10	2010FNQ L:	1:06.00	1/01/2000	JEFFREY ZAHMEL
11	2010FNQ L:	1:02.78		Jeffery Zahmel
11	2010FNQ L:	1:03.86	1/01/2000	JEFFREY ZAHMEL
12	2010FNQ L:	59.69	10/01/2000	Sean Butler
12	2010FNQ L:	1:00.73	26/01/2008	REGAN LEONG at Atherton

Lane Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

2	Thorpe, Luke	10	MARLI	NT
3	Burnett, Harrison	10	ATHER	1:59.43
4	Weeden, Bobby	8	Tas	1:46.14
5	Goudie, Nicholas	10	Tas	1:47.07
6	Siegmann, Dylan	10	Tas	NT
7	Vanderzant, Ben	9	ATHER	NT

**Heat 2 of 7 Finals**

2	Stemp, Caelan	10	SAINT	1:32.30
3	Butler, Alex	10	Central Cairns	1:27.09
4	Kolfen, Lars	12	Mareeba	1:22.09
5	McDonald, Liam	9	Central Cairns	1:26.31
6	Davis, Max	11	Tas	1:27.89
7	Samarakoon, Kieren	12	Tas	1:32.45

**Heat 3 of 7 Finals**

2	McMenamin, Jack	11	SAINT	1:19.89
3	Burnett, Oscar	12	ATHER	1:19.59
4	Scott, Brody	11	MARLI	1:17.51
5	Morriss, Tom	12	SAINT	1:19.50
6	McDonald, Connor	11	Central Cairns	1:19.67
7	Hennlein (V), Steven	12	MARLI	1:20.29

**Heat 4 of 7 Finals**

2	Doyle, Mitchell T	12	Central Cairns	1:17.21
3	Lang, Nathan	12	Tas	1:16.05
4	Dwyer, Patrick	13	Central Cairns	1:13.13
5	Grant(V), Ashley	11	Central Cairns	1:14.41
6	Harris, Wilson	10	Tas	1:16.50
7	Anderson, Joshua	11	Central Cairns	1:17.36

**Heat 5 of 7 Finals**

2	Orwell, Benjamin	13	Tas	1:11.86
3	Davis, Ryan	13	Tas	1:11.00
4	Kiss, Chris	14	MARLI	1:08.85
5	Anu, Hudson	12	SAINT	1:09.95
6	Keith, Cameron	11	MARLI	1:11.28
7	Kreuter, Lachlan	14	MARLI	1:12.23

**Heat 6 of 7 Finals**

2	Glasson, Jonah	14	Central Cairns	1:05.85
3	Gosley, Jason	15	Central Cairns	1:03.86
4	Hare, Jack	14	Tas	59.94
5	Simpson, Daniel	13	Tas	1:03.79
6	Kolfen, David	15	Mareeba	1:05.49
7	Bromley, Jordan	13	Central Cairns	1:07.69

**Heat 7 of 7 Finals**

2	Esposito, Daniel	14	Tas	58.90
3	Arenas, Nicolas	15	MARLI	58.85
4	Bell, James	21	SAINT	56.99
5	Ragel, Mark	14	Tas	57.36
6	Doig, Stuart	16	SAINT	58.86
7	Davis, Aidan	15	Tas	59.63

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Event 46 Women 100 LC Meter Freestyle**

8	2010FNQ	1:18.91	8/12/2002	Amy Allen
8	2010FNQ	1:18.91	8/12/2002	Amy Allen
9	2010FNQ	1:11.35		Rebecca Symons
9	2010FNQ	1:15.12	1/01/2000	TRACEY UREN
10	2010FNQ L:	1:07.03		Rebecca Symons
10	2010FNQ L:	1:08.06	6/02/1999	JASMINE MOORE
11	2010FNQ L:	1:02.73	10/01/2000	Jasmine Moore
11	2010FNQ L:	1:03.88	22/01/2000	JASMINE MOORE
12	2010FNQ L:	1:00.40		Julie Moore
12	2010FNQ L:	1:03.02	3/12/2000	Jasmine Moore

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

3	Joachim, Winona	12	Central Cairns	NT
4	Synott, Hannah	10	Tas	1:32.00
5	Nervo, Alexa	10	MARLI	1:37.26

**Heat 2 of 7 Finals**

2	Hannah, Georgia	10	EDGE	1:30.17
3	Jones, Holly	11	Central Cairns	1:26.91
4	Christie, Kidist	12	ATHER	1:22.22
5	McIntosh, Kathalene	14	ATHER	1:22.29
6	Simpson, Emma	9	Tas	1:27.69

**Heat 3 of 7 Finals**

2	Sanderson, Holly E	13	EDGE	1:22.06
3	McDonald, Chelsea	13	ATHER	1:20.98
4	Crowe, Mikaela	11	SAINT	1:18.54
5	Butler, Fiona	13	Central Cairns	1:20.15
6	Saker, Joanna	12	Mareeba	1:21.60
7	McIntosh, Chantelle	11	ATHER	1:22.13

**Heat 4 of 7 Finals**

2	Marshall, Amy	12	Central Cairns	1:17.59
3	McCallum-Saranov,	12	Central Cairns	1:16.91
4	Houston, Emily	10	Tas	1:16.41
5	Bromley, Cassidy	11	Central Cairns	1:16.53
6	Swales, Chelsea	14	Central Cairns	1:17.57
7	Arenas, Kathryn	12	MARLI	1:17.59

**Heat 5 of 7 Finals**

2	Schmidt, Stephanie	11	Tas	1:15.19
3	Weeden, Georgia	11	Tas	1:11.45
4	Witten, Hannah	12	MARLI	1:10.87
5	Stovgaard, Tanya	10	MARLI	1:11.13
6	Starr-Thomas, Darcey	12	Central Cairns	1:12.89
7	Lammert, Ryleigh	11	ATHER	1:15.92

**Heat 6 of 7 Finals**

2	Eribo, Rosena	13	SAINT	1:08.38
3	Schmidt, Katie	14	Tas	1:07.32
4	Grant(V), Charlotte L	15	Central Cairns	1:07.02
5	Gardiner, Hannah	13	SAINT	1:07.19
6	Kreuter, Megan	12	MARLI	1:08.27
7	Maxtone-Graham, Zoe	12	MARLI	1:08.71

**Heat 7 of 7 Finals**

2	Scott, Soraya	13	MARLI	1:06.98
3	Hill-Murray, Sarah	15	SAINT	1:06.30
4	Tong, Jasmine	14	MARLI	1:00.37
5	Hill-Murray, Meaghan	15	SAINT	1:03.59
6	Jordan, Dana	15	Central Cairns	1:06.73
7	Davidson, Amy	14	SAINT	1:07.00

**Event 47 Men 50 LC Meter Breaststroke**

8	2010FNQ	47.09	1/12/2003	Clinton Pascoe
8	2010FNQ	47.00	1/01/2000	STANDARD TIME
9	2010FNQ	45.91	18/11/2006	Jordan BROMLEY at TAS
9	2010FNQ	44.00	1/01/2000	STANDARD TIME
10	2010FNQ L:	40.70		D Carman
10	2010FNQ L:	40.35	1/01/2000	SIMON McINNES
11	2010FNQ L:	38.83		Lee Brown
11	2010FNQ L:	38.83	1/01/2000	LEE BROWN
12	2010FNQ L:	36.38		Ben Eales
12	2010FNQ L:	36.38	1/01/2000	BEN EALES

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

3	Vanderzant, Ben	9	ATHER	NT
4	Anu, Oliver F	7	SAINT	1:05.95
5	Siegmann, Dylan	10	Tas	NT

**Heat 2 of 5 Finals**

3	Goudie, Nicholas	10	Tas	1:04.20
4	Weeden, Bobby	8	Tas	58.65
5	Burnett, Harrison	10	ATHER	1:01.51
6	Thorpe, Luke	10	MARLI	1:05.88

**Heat 3 of 5 Finals**

2	Rowe, Jarryd	9	MARLI	57.17
3	Davis, Max	11	Tas	52.81
4	Doyle, Mitchell T	12	Central Cairns	49.13
5	Kolfen, Lars	12	Mareeba	49.76
6	Menzies, Conner	9	MARLI	53.72
7	Jones, Kehl	9	Central Cairns	57.31

**Heat 4 of 5 Finals**

2	Keith, Cameron	11	MARLI	46.70
3	Scott, Brody	11	MARLI	45.21
4	Davis, Ryan	13	Tas	43.37
5	Harris, Wilson	10	Tas	44.52
6	Hennlein (V), Steven	12	MARLI	46.12
7	Burnett, Oscar	12	ATHER	49.06

**Heat 5 of 5 Finals**

2	Lang, Nathan	12	Tas	41.91
3	Glasson, Jonah	14	Central Cairns	36.41
4	Ragel, Mark	14	Tas	32.07
5	Arenas, Nicolas	15	MARLI	35.23
6	Simpson, Daniel	13	Tas	39.26
7	Kolfen, David	15	Mareeba	42.87

**FNQRSA Sprint and Relay Day - 11/09/2010**  
**Meet Program**

**Event 48 Women 50 LC Meter Breaststroke**

Event	Time	Date	Name
8 2010FNQ	48.08	1/12/2003	Jamie Jaques
8 2010FNQ	47.25	5/10/1997	DONNA FALLON
9 2010FNQ	43.74		Jamie Jaques
9 2010FNQ	43.69	3/10/1998	DONNA FALLON
10 2010FNQ L:	39.19	1/03/2003	Skye Nissen at North Queenslan
10 2010FNQ L:	39.83	1/01/2000	JULIE MAJER
11 2010FNQ L:	36.51	4/01/2004	Sky Nissen at State Age 2004
11 2010FNQ L:	36.86	1/10/2000	DONNA FALLON
12 2010FNQ L:	34.79	5/03/2005	Skye Nissen at North Qld
12 2010FNQ L:	34.88	27/11/2004	Skye Nissen at Marlin Coast Op

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

3	Thorpe, Enna	7	MARLI	NT
4	Grant, Harriet	9	MARLI	59.61
5	Dudley, Caitlin	13	Central Cairns	NT

**Heat 2 of 6 Finals**

3	Nervo, Alexa	10	MARLI	56.95
4	Simpson, Emma	9	Tas	54.56
5	Brown, Hana	11	Central Cairns	55.85
6	Harris, Charlotte	8	Tas	58.83

**Heat 3 of 6 Finals**

2	McDonald, Chelsea	13	ATHER	53.62
3	Tong, Samantha	11	MARLI	52.00
4	Sanderson, Holly E	13	EDGE	51.54
5	Christie, Kidist	12	ATHER	51.81
6	Hannah, Georgia	10	EDGE	52.65
7	Synott, Hannah	10	Tas	54.18

**Heat 4 of 6 Finals**

2	Lammert, Ryleigh	11	ATHER	50.51
3	Arenas, Kathryn	12	MARLI	48.38
4	McCallum-Saranov,	12	Central Cairns	47.50
5	Houston, Emily	10	Tas	48.25
6	Swales, Chelsea	14	Central Cairns	48.57
7	Marshall, Amy	12	Central Cairns	50.62

**Heat 5 of 6 Finals**

2	Weeden, Georgia	11	Tas	47.11
3	Schmidt, Stephanie	11	Tas	46.29
4	Stovgaard, Tanya	10	MARLI	45.23
5	Cramatte, Grace	14	Central Cairns	45.48
6	Saker, Joanna	12	Mareeba	46.69
7	Schmidt, Katie	14	Tas	47.47

**Heat 6 of 6 Finals**

2	Hannah, Christina	13	EDGE	41.02
3	Witten, Hannah	12	MARLI	39.98
4	Tong, Jasmine	14	MARLI	37.93
5	McCarthy, Tegan R	13	Tas	38.51
6	Scott, Soraya	13	MARLI	40.13
7	Eribo, Rosena	13	SAINT	43.88

**Event 49 Men 2-90 50 LC Meter Breaststroke Multi-Disability**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

4	Doig, Stuart	16	SAINT	33.77
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**Event 51 Mixed 500 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 2 Finals**

3	COMB	B	NT
4	MARLI	B	6:25.00
	1) Kreuter, Lachlan 14	2) Arenas, Kathryn 12	
	3) Hennlein (V), Steven 12	4) Kreuter, Megan 12	

**Heat 2 of 2 Finals**

2	Tas	B	6:10.00
3	MARLI	A	5:45.00
	1) Maxtone-Graham, Zoe 12	2) Kiss, Chris 14	
	3) Scott, Soraya 13	4) Stovgaard, Tanya 10	
4	SAINT	A	4:53.98
5	ATHER	A	5:09.13
6	Tas	A	5:48.00
7	Central Cairns	A	6:23.18



# FNQ Sprint and Relay Day

**SATURDAY, 11<sup>TH</sup> SEPTEMBER, 2010**

**SMITHFIELD POOL, WARM UP 11 AM, SWIMMING STARTS 12MD.**

**FNQ REGIONAL SWIMMING ASSOCIATION AGM AT 10AM, 11 TH SEPTEMBER.**

Event			Age Group	Distance	Stroke
M	F	Mixed			
		1	8U	4X 25m	Free Relay
		2	10U	4 X 50m	Free Relay
		3	12U	4 X 50m	Free Relay
4	5		Open	4 X 50m	Free Relay
6	7		7U	25m	Fly
8	9		8	25m	Fly
10	11		Open	100m	Back
12	13		Open	50m	Fly
14	15		Multiclass	50m	Fly
16	17		7U	25m	Free
18	19		8	25m	Free
20	21		Open	100m	Breast
22	23		Open	50m	Free
24	25		Multiclass	50m	Free
	26		8U	4X 25m	Med. Relay
	27		10U	4 X 50m	Med. Relay
	28		12U	4 X 50m	Med. Relay
29	30		Open	4 X 50m	Med. Relay
31	32		7U	25m	Back
33	34		8	25m	Back
35	36		Open	100m	Fly
37	38		Open	50m	Back
39	40		Multiclass	50m	Back
41	42		7U	25m	Breast
43	44		8	25m	Breast
45	46		Open	100m	Free
47	48		Open	50m	Breast
49	50		Multiclass	50m	Breast
	51		Open	10 X 50m	Free

- The meet will be conducted under the rules of FINA and By-laws of Swimming Australia (SAL) and Swimming Queensland (SQ).
- All competitors must be currently registered members of an affiliated SAL club or a visiting member of a club in a FINA registered nation. SWD must present their classification card to the referee of the day.
- All decisions taken will be at the discretion of the Chief Referee of the day.
- Age shall be as on 11<sup>TH</sup> September, 2010
- Please note that swimmers will be nominated on seed times so that there will be MANY HEATS in the open 100m and open 50m events and there will be a big break between your swims in these events. Swimmers should have sufficient time to recover to do both events.
- Please nominate using TM by emailing to [rockdocs@bigpond.net.au](mailto:rockdocs@bigpond.net.au) by Wed,, 8<sup>th</sup> September. Program will be posted on FNQ website: [www.fnqswimming.org.au](http://www.fnqswimming.org.au) by Friday 10<sup>th</sup> Sept.
- In the event of a dispute, a fee of \$100 together with a written protest to be lodged within 30 minutes of the completion of the event.
- NOMINATION FEE: \$2 for individual events, \$4 for 4 man teams, and \$10 for 10 man teams.
- Swims are for times only, No medals will be awarded.
- MIXED RELAYS: Any combination of boys and girls are allowed. If your club has insufficient swimmers to form a team, please let us know the swimmers available and we will allocate them to a team.
- MEDLEY RELAYS: Medley swimmers will swim in the following order: Back, Breast, Fly and Free.
- 4 X 25m relays will be swum in the 25m warm up pool.
- 10 Person relay. Any combination of girls and boys may be entered. At least four swimmers must be 10U, and no team shall have more than 2 swimmers aged 14 and over.

FNQ SWIMMING THANK MCDONALDS  
FOR THEIR GENEROUS SUPPORT!

