



FNQRSA KICK-OFF MEET

17-18TH OCTOBER, 2009

SATURDAY 17 TH OCTOBER Gates open at 12MD for 1pm start					TAS Aquatic Centre Progress Rd., White Rock.	SUNDAY 18 TH OCTOBER Gates open 8am for 9am start				
F	M	AGE	Metres	STROKE	CONDITIONS OF ENTRY: 1. The meet will be conducted under the rules of FINA and By-laws of Swimming Australia (SAL) and Swimming Queensland (SQ). 2. All competitors must be currently registered members of an affiliated SAL club or a visiting member of a club in a FINA registered nation. SWD must present their classification card to the referee of the day. 3. All decisions taken will be at the discretion of the referee in charge on the day. 4. Age shall be as on 17 TH October 2009. 5. Paper nominations will attract an administration fee of \$5 per event nominated. 6. Programs will be available on website and at gate. 7. In the event of a protest, a fee of \$100 is to be deposited with a written protest not later than 30 minutes following the conclusion of the event. (SAL CBL 12) 8. No medals or trophies awarded, but Gold upgrade certificates and time certificates will be available. 9. Gate fee: \$2 for spectators. Free for swimmers and coaches.	F	M	AGE	Metres	STROKE
1	2	Open	200	Medley		43	44	Open	400	Free
3	4	7U	25	Breast		45	46	SWD	50	Fly
5	6	8	25	Breast		47	48	8U	50	Fly
7	8	9-10	50	Breast		49	50	9-10	100	Fly
9	10	11-12	50	Breast		51	52	Open	50	Breast
11	12	Open	50	Back		53	54	11	100	Fly
13	14	7U	25	Fly		55	56	12	100	Fly
15	16	8	25	Fly		57	58	13	100	Fly
17	18	9-10	50	Fly		59	60	14	100	Fly
19	20	11-12	50	Fly		61	62	15&O	100	Fly
21	22	Open	200	Free		63	64	SWD	50	Back
23	24	7U	25	Back		65	66	12U	200	Free
25	26	8	25	Back		67	68	Open	200	Breast
27	28	9-10	50	Back		69	70	8U	50	Back
29	30	11-12	50	Back		71	72	9-10	100	Back
31	32	Open	50	Free		73	74	Open	50	Fly
33	34	7U	25	Free		75	76	11	100	Back
35	36	8	25	Free		77	78	12	100	Back
37	38	9-10	50	Free		79	80	13	100	Back
39	40	11-12	50	Free	81	82	14	100	Back	
41	42	Open	400	IM	83	84	15&O	100	Back	
<p style="text-align: center;">THIS IS AN A QUALIFYING MEET</p> <p style="text-align: center;">NOMINATION FEE ONLY \$2!</p> <p>PLEASE NOMINATE USING TEAM MANAGER FILE BY: 9th October, 2009. Email: rockdocs@bigpond.net.au</p> <p>Secretary, FNQRSA, PO Box 1107E Earlville, 4870</p>					85	86	SWD	50	Breast	
					LUNCH BREAK					
					87	88	Open	200	Fly	
					89	90	8U	50	Free	
					91	92	9-10	100	Free	
					93	94	11	100	Free	
					95	96	12	100	Free	
					97	98	13	100	Free	
					99	100	14	100	Free	
					101	102	15&O	100	Free	
					103	104	SWD	50	Free	
					105	106	12U	200	Medley	
					107	108	Open	200	Back	
					109	110	8U	50	Breast	
					111	112	9-10	100	Breast	
113	114	11	100	Breast						
115	116	12	100	Breast						
117	118	13	100	Breast						
119	120	14	100	Breast						
121	122	15&O	100	Breast						
123		Open	800	Free						
	124	Open	1500	Free						