



# Central Cairns Swimming Hosts FNQ Short Course Championships

Gordonvale Swimming Pool  
13<sup>th</sup> – 14<sup>th</sup> March 2010

Program will be available from the FNQ Web Site 10/03/2010 at

<http://www.fnqswimming.asn.au>



**GATES OPEN Saturday 8:00am for 9:00 am Start**

**Sunday 7:30am for 8:30 Start**

**Gate Entry: \$3 (including tickets in Raffles)**

SATURDAY – swimming starts 9am					SUNDAY – swimming starts 8.30 am				
M	F	Age Group	Dist	Stroke	M	F	Age Group	Dist	Stroke
1	2	Open	400	IM	89	90	Open	400	Freestyle
3	4	12 yr	100	Butterfly	91	92	12 Yrs	100	Backstroke
5	6	7&U	25	Butterfly	93	94	7&U	25	Breaststroke
7	8	8 yr	25	Butterfly	95	96	8yrs	25	Breaststroke
9	10	10&U	100	Butterfly	97	98	10&U	100	Breaststroke
11	12	15 yr	100	Freestyle	99	100	15Yrs	100	Butterfly
13	14	16&O	100	Butterfly	101	102	16 & O	100	Freestyle
15	16	MD	50	Butterfly	103	104	MD	50	Backstroke
17	18	11 yr	50	Butterfly	105	106	11 yr	50	Backstroke
19	20	Open	25	Breaststroke	107	108	Open	25	Butterfly
21	22	12 yr	50	Backstroke	109	110	12 yr	50	Butterfly
23	24	13 yr	50	Butterfly	111	112	13 yr	50	Backstroke
25	26	14 yr	50	Backstroke	113	114	14 yrs	50	Butterfly
27	28	15 yr	50	Butterfly	115	116	15 yr	50	Backstroke
29	30	16&O	50	Backstroke	117	118	16 & O	50	Butterfly
31	32	13 yr	100	Backstroke	119	120	13 yr	100	Freestyle
33	34	9 yr	50	Butterfly	121	122	9 yrs	50	Breaststroke
35	36	10 yr	50	Breaststroke	123	124	10	50	Butterfly
37	38	Open	200	Breaststroke	125	126	Open	200	Butterfly
39	40	MD	50	Breaststroke	127	128	MD	50	Freestyle
41	42	7&U	25	Backstroke	129	130	7&U	25	Freestyle
43	44	11 yr	100	Breaststroke	131	132	11 yr	100	Butterfly
45	46	12 yr	100	Freestyle	133	134	12 yr	100	Breaststroke
47	48	13 yr	100	Butterfly	135	136	13 yr	100	Breaststroke
49	50	14 yr	100	Breaststroke	137	138	14 Yrs	100	Butterfly
51	52	15 yr	100	Backstroke	139	140	15 Yrs	100	Breaststroke
53	54	16&O	100	Breaststroke	141	142	16&O	100	Backstroke
55	56	Open	25	Backstroke	143	144	Open	25	Freestyle
57	58	8 yr	25	Backstroke	145	146	8 Yrs	25	Freestyle
59	60	10&U	100	Backstroke	147	148	10&U	100	Freestyle
61	62	11 yr	100	Freestyle	149	150	11 yr	100	Backstroke
63	64	Open	200	Freestyle	151	152	Open	200	IM
65	66	12 yr	50	Breaststroke	153	154	12 yr	50	Freestyle
67	68	13 yr	50	Freestyle	155	156	13 yr	50	Breaststroke
69	70	14 yr	50	Breaststroke	157	158	14yrs	50	Freestyle
71	72	15 yr	50	Freestyle	159	160	15 yr	50	Breaststroke
73	74	16&O	50	Breaststroke	161	162	16&O	50	Freestyle
75	76	14 yr	100	Backstroke	163	164	14 yr	100	Freestyle
77	78	9 yr	50	Backstroke	165	166	9 yrs	50	Freestyle
79	80	10 yr	50	Freestyle	167	168	10 yrs	50	Backstroke
81	82	11 yr	50	Breaststroke	169	170	11 Yrs	50	Freestyle
83	84	Open	100	IM	171	172	Open	200	Backstroke
85	86	10&U	100	M/Relay	173	174	10&U	100	FS / Relay
87	88	Open	200	FS Relay	175	176	Open	200	M / Relay
					177	178	Open	1500 /800	Freestyle

## CONDITIONS OF ENTRY

- The meet will be conducted under the rules of FINA and By-laws of Swimming Australia (SAL) and Swimming Queensland (SQ).
- All competitors must be currently registered members of an affiliated SAL club or a visiting member of a club in a FINA registered nation. SWD must present their classification card to the referee of the day.
- Visiting swimmers will not be styled FNQ Champions, or awarded FNQ Championship Perpetual Trophies.
- All decisions taken will be at the discretion of the Chief Referee of the day.
- Age shall be as on 13/03/2010.
- Nomination fee: **\$4.00 (Individual Event) - \$7.00 (Relays)**. Fee includes FNQRSA surcharge of \$0.50 per nomination.
- NOMINATIONS CLOSE ON the 4<sup>th</sup> March 2010.
- Swimmers must be nominated by their Club to [nominations@centralcairnsswimming.com](mailto:nominations@centralcairnsswimming.com) and payments to Central Cairns Swimming at P.O. Box 614 North Cairns 4870 Qld.
- In the event of a protest, a fee of \$100 is to be deposited with a written protest not later than 30 minutes following the conclusion of the event. (SAL CBL 12)

## 10) Event information

- 10& U event qualifying times – FNQ DB times only to be used

	Male / Female
Freestyle	1:33:00
Backstroke	1:50:00
Breaststroke	2:01:00
Butterfly	1:55:00
IM	1:55:00

- FNQ Gold Times (available on web) are required for 200m & over events. Open to swimmers 10&O only.
- No finals will be swum placing's will be decided on times and referees decisions.
- Records are Short Course records only.
- Open 100, 200, 400 and 800m events to be scored as first three places only for open aggregate. Multi-age for team points only, including MD.
- Open 25m for 9yrs and over only. No aggregate or team points, records only.
- Events 9/10, 59/60, 97/98, 147/148 will be multi-age scored for aggregate and team points. Medals will be for first three places overall only.
- Relays for Shield only, not team points.

## THERE WILL BE NO LATE ENTRIES

### Awards

- Medallions for all individual place getters
- Ribbons for all relay place getters
- Aggregate winners & Runners up: 8 yrs& U to 16 Yrs & O, Open, MD
- All competitors in 7yrs events will be awarded participation ribbon & certificate. 7Yr old competitors will not score points.
- Points will be awarded on the 5-3-1 basis
- Perpetual trophies (**clubs please return to FNQ**)
  - The Julian Crawford
  - The Sexton – Family Perpetual Trophy
  - “Savills-Cairns” Perpetual Trophy
  - The Ellsworth Family Perpetual Trophy
  - The Joyce Leon Perpetual Trophy
  - AirFirst PTY LTD